

Certificate of Completion



Presented to: **Patricia Ysabel Jucaban**

in recognition of completion of the Step Ahead to Fall Prevention in Older Adults

MODULE 1 SECTION 1: Aging and Normal Age-Related Changes

January 17, 2024

Toronto Public Health

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MODULE 1 SECTION 2: Perceptions, Ageism and Risk Factors for Falling

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MODULE 1 SECTION 3: Lifestyle Changes to Prevent Falls

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MODULE 1 SECTION 4: Changing Behaviour Through Supportive Coaching

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